

# FALL IS HERE



**Elite Kids Care**  
Columbia / Jessup

Newsletter Oct. 2009  
Volume 4, Issue 4

## ELITE KIDS CARE NEWSLETTER

### TURKEY WITH EKC FAMILY

EKC celebrate the season of thanks and giving November 21, 2009 5:00p.m. With retrospect to 2008/2009, the economy has been a challenge for all of us but we still have a lot to be thankful for.

EKC is asking parents to join their children and our staff in an informal thanksgiving dinner, a time of sharing. Parents are welcome to bring their child/children favorite dish. EKC will provide dishes too. Parents, we look forward to an evening of social and enjoyable event!



### SPECIAL THANKSGIVING ARTS/CRAFTS

EKC children will work together on special activities, making their own thanksgiving crafts. This will allow them to share their talents and creativity with hands on fun things to do. Their finish products will be use to assist in decorating our room with a festive look.

Parents will be asked to bring in their children on a special day of the week, selected for all the children to work together as a team on their projects.

### PARENTS SIGN UP

EKC will post a signup sheet for parents to write down their child/children favorite dish they will bring.

If you prefer for your child/children not to participate, a letter requiring your signature will be available in the office. We are a small group and hope that everyone can participate.

### GREAT NEWS, THUMBS UP!

EKC successfully completed their second year license renewal and was one hundred percent in compliance with regulations, WAY TO GO TEAM!

Thanks to all of our parents who worked with us this year, especially EKC children and staff for your commitment and efforts. This would not have been so easy without your cooperation; we appreciate you and look forward to another great year.

### REMINDER: EKC BOOK TIME

Inspire a joy for learning environment by reading with your child or children 15-30 minutes daily.

Books are available in Elite Kids Care Library for pick up and sign out weekly and books must be returned on the due date.

Parents are encouraged to read with their children weekly and have them read back to you. Even if some children can't read, they should learn something about the story, picture, color, favorite part etc.

## EKC CHRISTMAS RESTAURANT

This December children will study about special holiday foods and engage in light cooking activity. They will engage in pretend roles as Manager, Chef, and Waitress etc. Children will learn how to take orders and provide professional service to customers in a restaurant setting.

In this scenario, customers will be parents and grandparents.

Goal: Children will interact with family as they learn basic housekeeping skills and the importance of team work.

## BIRTHDAY

- Please join EKC in wishing Happy Birthday to:
- Jaybriel December 27



## Reminders to Parents

Your child will need the following items/information:

1. EKC need updated medical records
2. Change of Clothing for your child
3. Fall and Winter are Cooler months: Children must dress appropriately in respect to weather conditions.
4. EKC need Updated addresses, phone numbers etc.
5. Emergency cards update and signature required yearly. Please contact EKC.

## Academic Theme: Highlights

October – Life at the Farm; Art: Leafy Pumpkin Alphabets & Numbers, kidstifest Costume Dress up Day – Dramatic Play.

November – Native American, Pilgrims And Thanksgiving, Numbers and Me, Autumn: Science: Why leaves change color? Activity – mixing colors

December – Winter Holiday lessons and Activities, People and animals (Ice Life), Calendar Art

EKC Quarterly Newsletter – October, November and December, 2009.

## EKC Holliday Events

Arrangements will be made to visit the Howard County Symphony of Lights in December, 2009.

Date to be determined by EKC: (Parents will be responsible to make Payment for their children).

EKC reserves the right to cancel or change Trips if deemed necessary.

NOTE: Parents may be required to pay for Some field trip based on pricing. We will do our best to find Trips that is inexpensive.

## HEALTHY SNACKS

### Cereal Fruit Cupcakes

7 tbsp unsalted butter  
3/8 cup honey  
1 3/4 cups oatmeal  
1/3/4 cups unsweetened crispy rice  
1 teaspoon sunflower seeds  
3 1/2 100g mixed dried fruit, apples, mangoes chopped.  
Melt butter and honey in small pan over low heat, mixed the cereal and dried fruit together, add the melted butter and honey, stir to combine. Spoon into cup cases, press down and chill for 6 hours before serving.